

THE NICKEL

SUPERFOOD SMOOTHIES BY REALM

6G PLANT PROTEIN | VEGAN | DAIRY FREE | WOMEN-OWNED

Realm Plant-Based Protein Smoothies are made with organic fruits, vegetables, and superfoods. Realm is naturally gluten-free, dairy-free, and contains no added sugars, GMOs, or preservatives.

Realm is a women-owned company and is environmentally sustainable by being completely zero waste!

\$16

TROPICAL GREENS

PINEAPPLE | LEMON | BANANA | SPINACH
WHEATGRASS | MANGO | CARROT
COCONUT MILK | SACHA INCHI PROTEIN

BENEFITS: Antioxidants, Aids in Digestion, Boosts Immunity, Regulates Blood Pressure + Anti-Inflammatory Properties

MANGO SUNRISE

MANGO | ORANGE | COCONUT MILK
BANANA | CARROT | TURMERIC
COCONUT WATER | SACHA INCHI PROTEIN

BENEFITS: Promotes Hair and Skin Health, Helps Lower Cholesterol, Aids in Immunity + Digestion

BERRY BANANA

STRAWBERRY | BANANA | COCONUT MILK | LUCUMA
LEMON | BEET | SACHA INCHI PROTEIN

BENEFITS: Post-Workout Recovery, Aids in Digestion + Immunity + Helps Regulate Blood Sugar

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TEA WITH TAE

Enjoy your tea experience from Tea with Tae. This tea is sourced from only the finest and most delicious teas from eco-friendly and fairtrade farms from all over the world. Tea with Tae is locally owned, and all tea is blended and packaged in Denver. Tae, the owner, is passion about the benefits of tea.

\$6

TEA MENU

FRUIT + BERRY OOLONG

Tasting Notes: Berries, stone fruit, honey, summer meadow, peony

LAVENDER EARL GREY

Tasting Notes: Floral, wildflowers, honeysuckle, citrus, scones, earthy

LEMON CREME

Tasting Notes: citrusy, sweet cream, vanilla, brown sugar, slightly earthy

SPA BLISS

Tasting Notes: Floral, slightly sweet, earthy, minty, rosemary, springtime

PEPPERMINT

Tasting Notes: Minty, cooling, sweet, menthol-like notes

JASMINE GREEN

Tasting Notes: Fresh + Floral, slightly sweet, vegetal, oceanic

ENGLISH BREAKFAST

Tasting Notes: Malty, smoky, earthy, roasted nuts, stone fruit, subtle hints of brown sugar

**Tea with Tae is available for purchase at
the Hotel Teatro Front Desk**



Through ambitious winemaking and innovation with new varietal wines, sparkling wines, and wine seltzers, Carboy Winery has helped lift the Colorado wine industry into prominence, through crafting impactful wines that reveal the extraordinary terroir, and unmistakable typicity of Colorado's Grand Valley and Washington's Horse Heaven Hills AVA's.

CARBOY GROWLERS

\$25

CHARDONNAY

The true definition of a ChardonnYAY! This refreshing, yet robust white wine perfectly combines distinctive flavors of bartlett pear, nectarine and tangerine with hints of jasmine and bay leaf on the nose. But proceed with caution! This Horse Heaven Hills Chardonnay tends to disappear quickly from the glass.

WASHINGTON RED BLEND

Syrah and Cabernet Sauvignon dominate our 2020 Horse Heaven Hills red blend, with a solid, fruit-forward foundation of fresh boysenberry, and cassis, with subtle notes of flint. Firm, approachable tannins are enhanced on the medium bodied palate with Syrah's notes of pepper and black tea, with a mouth-filling texture. Nuances of leather, toasted oak and brown spice linger on the red blend's long finish.

**GROWLERS ARE AVAILABLE FOR PURCHASE
AT THE FRONT DESK**

HOTEL TEATRO